

Help the Environment Stop Junk Mail Save Money on Energy

All from the comfort of your computer. Just visit

<http://zeroemissionsroadtrip.com>



For more ways
to help the planet, flip over.

More Ways to Save the Planet

1. **Eat local.** Our food requires a lot of energy, and 80% of it is used for transportation. Shop at a farmers market or co-op, or ask your favorite grocers and restaurants to offer local foods. Eating more veggies and less meat helps, too.
2. **Drive less.** Carpool, take public transit, bike, walk. Your wallet won't miss the extra trips to the gas station.
3. **Conserve paper.** Paper = energy. Print and copy double sided, reuse scrap paper, bring reusable cups to coffee shops and bags to grocery stores, use cloth napkins and handkerchiefs, send email and e-cards, and choose products with less packaging.

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